

**SIMPLIFIED SEX EDUCATION UNIT**

# **Good Touching and Bad Touching**



**By  
Dr. Peter R. Johnson**

**Grade / Topic Level : Suitable for Child or Teen**

# Good Touching and Bad Touching

by

Dr. Peter Johnson



**I get feelings inside my body.**

**Some feelings are good.**



**Some feelings are bad.**



**Good touching makes me feel happy.**

**Good touching makes me feel good inside.**

**Good touching makes me smile.**



**2**

**Bad touching can make me feel scared.**

**Bad touching can make me feel bad inside.**

**Bad touching can make me feel confused.**



**3**

Use the words in the box to finish the sentences.

body	good	bad
happy	scared	confused

1. Some feelings are g\_\_\_\_\_.
2. I get feelings inside my b\_\_\_\_\_.
3. Good touching makes me feel h\_\_\_\_\_.
4. If somebody touches me and I don't like it, it is b\_\_\_ touching.
5. Bad touching can make me feel s\_\_\_\_\_.
6. Bad touching can make me feel c\_\_\_\_\_.



**Write the letter T after the sentences that are True.  
Write the letter F after the sentences which are not true.**

**1. Some feelings are good and some are bad.** \_\_\_\_\_

**2. All feelings are bad.** \_\_\_\_\_

**3. If somebody touches me and I don't feel good, it is OK for me to be bad.** \_\_\_\_\_



**4. If somebody touches me and I feel bad, it is OK for me to yell and scream.** \_\_\_\_\_

**5. Good touching makes me feel scared.** \_\_\_\_\_

**6. Bad touching makes me smile.** \_\_\_\_\_